

December, 2020

Q2 BELL SCHEDULE



BELL SCHEDULE – Q2

Take a pic with your phone

GRADE 9/10's

P1 7:55 – 9:10 am

P3 9:15 – 11:15

FLEX 11:15 – 11:45 am

LUNCH 11:45 am – 12:15 pm

P5 12:20 – 2:20 pm**

FLEX 2:20 – 2:50 pm

** P5 Mon/Thurs students A-L

Tues/Fri students M-Z

GRADE 11/12's

P1 7:55 – 9:10 am

BREAK 9:10 – 9:25 am

P3 9:30 – 11:30 am

FLEX 11:30 AM – 12:00 pm

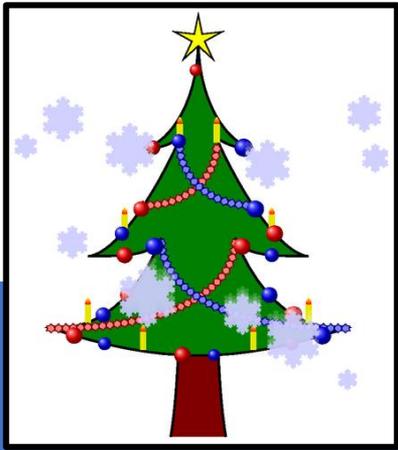
LUNCH 12 – 12:30 pm

P5 12:35 – 2:35 pm**

FLEX 2:35 – 3:05 pm

** P5 Mon/Thurs students A-L

Tues/Fri students M-Z



FRIDAY, DECEMBER 18TH – BELL SCHEDULE

GRADE 9 / 10

GRADE 11 / 12

PERIOD 1

7:55 AM – 9:10 AM

PERIOD 1

7:55 AM – 9:10 AM

PERIOD 3

9:15 AM – 11:10 AM

PERIOD 2

9:30 AM – 11:25 AM

LUNCH

11:10 AM – 11:50 AM

LUNCH

11:25 AM – 12:05 PM

PERIOD 5

11:55 AM – 1:50 PM

PERIOD 5

12:10 PM – 2:05 PM

Reminder before you leave for Winter Break

Remember that lunch you forgot to eat, and is now at the bottom of your locker . . . Please dispose of in the garbage.

And, maybe take home your stinky gym strip and wash. Start the New Year . . . Fresh!



Virtual Classroom Christmas Spirit Week

Virtual Classroom Christmas Spirit Week Schedule

- Leadership has planned a fun week of Virtual Christmas/Winter Activities.
- Staff, all you have to do, is use the TEAMS passcode sent (in Fridays email sent to staff) to access the *Christmas Spirit Week Teams site* we have created.
- Click on the channel links and enjoy taking part in these fun OPTIONAL class activities.

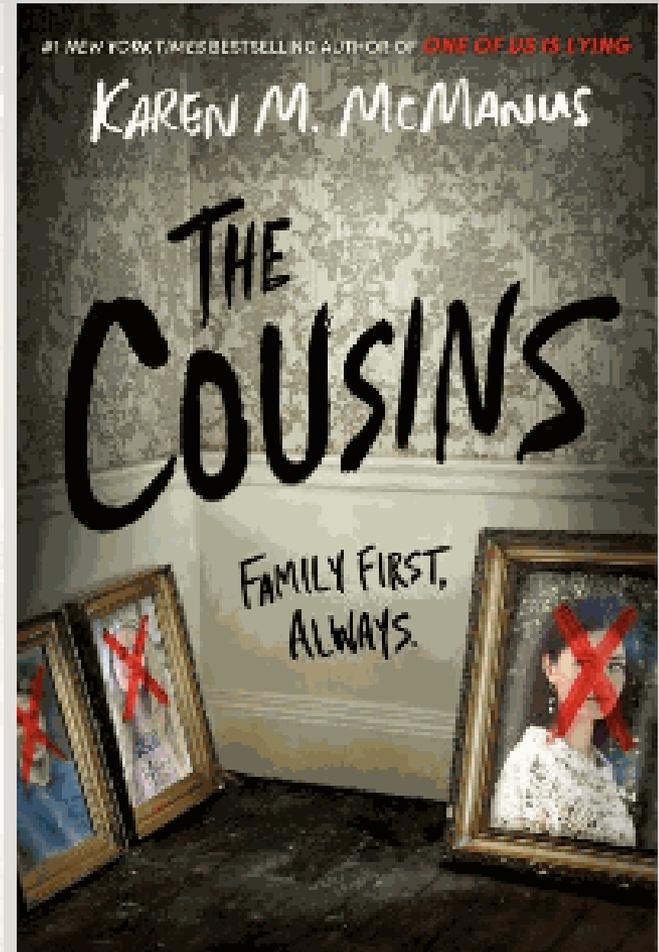
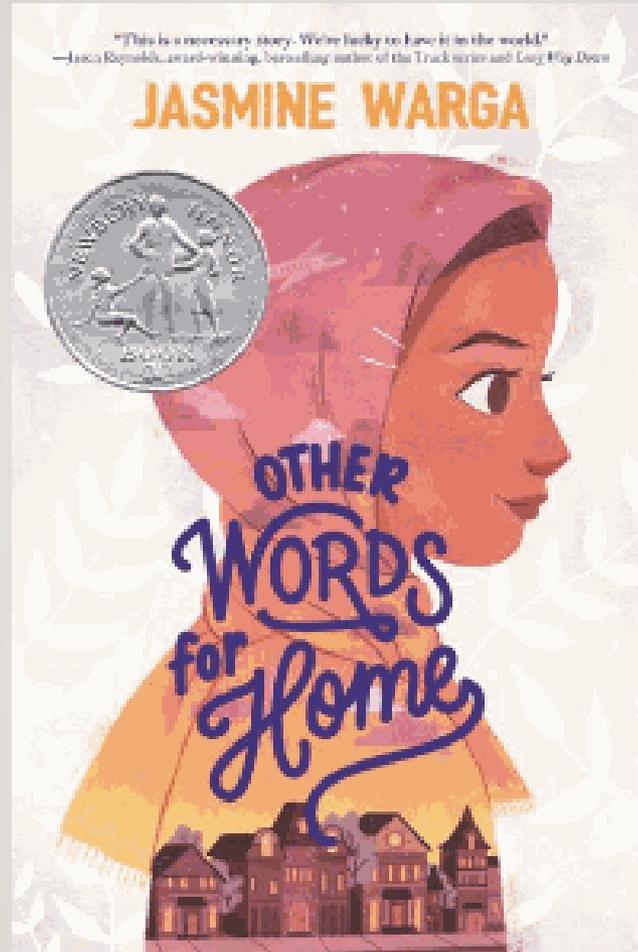
Here is brief rundown of the Week:

- Thursday December 17th - Commercial Guessing Game
- Friday December 18th - Ugly Christmas Sweater Day and Teacher Caroling Sing A-long

★ As well, we look forward to everyone wearing their *best Ugly Christmas Sweater* on Friday.

Junior Leadership
“Community Is Unity”

NEW LIBRARY BOOKS





HWSS STUDENT COUNCIL



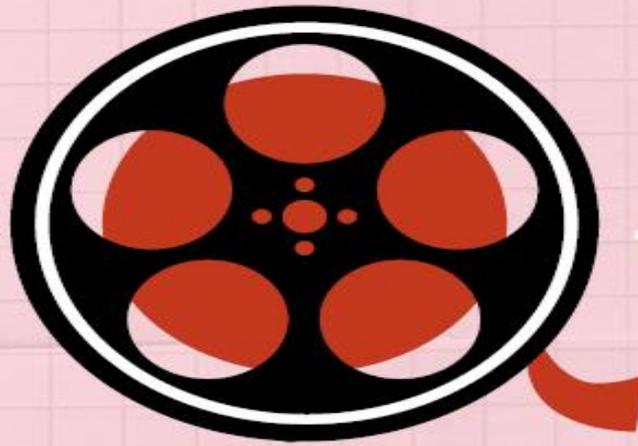
TWIN DAY

Match your outfit with a friend and come to school as TWINS!

Time: Thursday Dec 17

Post an IG story of you and your twins friend and Tag/ DM HWSS Student Council for a chance to win a prize!





Time: Friday Dec 18

Grade 12---Black

Grade 11---Grey

Grade 10---White

Grade 9---Burgundy

KODIAK

COLOR DAY

Dress in your grade color and post an IG story, tag/DM HWSS Student Council for a chance to win the BEST COSTUME prize!

Calling all high school students!

Volunteer Opportunity!

Are you looking for a meaningful way to engage your students with an impactful COVID-safe volunteer opportunity? Do you have 5-minutes to narrate a digital storybook that will support over 50,000 learners around the world, including 37,000 learners in underserved and refugee communities?

Hello! My name is Emily and I work with Simbi Foundation, a UN-partnered nonprofit that collaborates with schools around the world to meet their education needs with solar-powered & research-driven solutions. So far, we have directly supported over 37,000 learners in refugee settlements and remote areas of Uganda and India with our BrightBox solar-powered classrooms, learning resources, and Simbi reading software and we need your help!

We would like to invite you to participate in our #GiftYourVoice Read-a-Thon. Can we join together to read 1,000 books during the month of December to support over 50,000 learners in 64 countries on their reading journeys?

All participating students will receive a signed volunteer certificate for their time spent reading! Click the magic link to join the group here:
<https://read.simbi.io/TjYzaWlxc1hqbA-->

You can find all the resources you need [right here](#) on our website, including a starter video that runs you through how to “gift” your voice to make an impact!

We have English and French books that need narrations.

KODIAK ATHLETICS



CLUBS



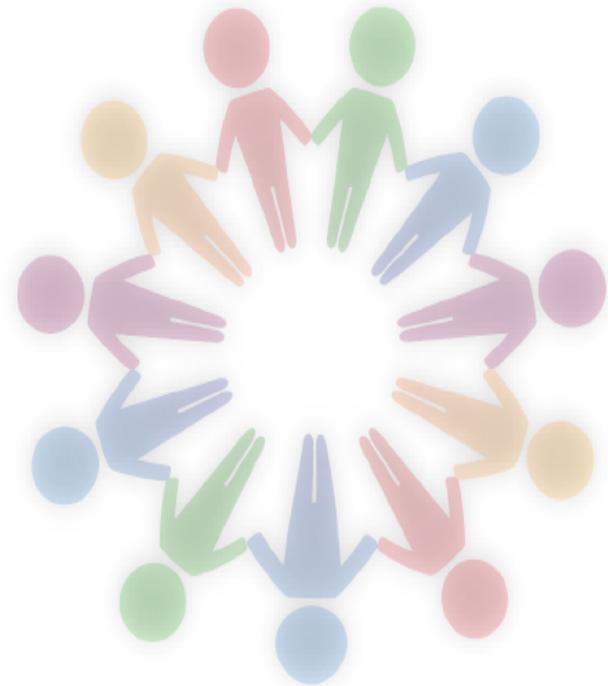
SIGN UP HERE:
bit.ly/3jdGzRQ

MULTICULTURAL CLUB

- ✓ Interested in other cultures and languages?
- ✓ Want to help promote cultural awareness in school?
- ✓ Want to meet people from other countries?
- ✓ Need volunteer hours?

When: Thursday 2:35 – 3:05

Where: on Zoom



 [hwss.multiculturalclub](https://www.instagram.com/hwss.multiculturalclub)

JOIN YOU AND I CLUB



<http://bit.ly/youandihwss>



WHO WE ARE

A student-led non-profit organization that seeks to raise awareness towards youth about cultural diversity and racial injustice.



OUR MISSION

Educate youth on prevalent issues through informational posts on social media and to fundraise to support charities involved with racial prejudice.



SIGN UP

Fill out a form on our Instagram

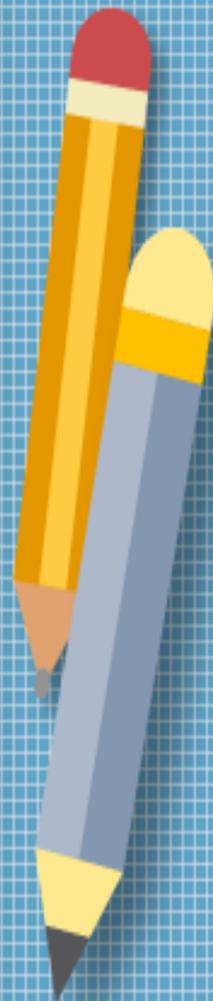
@you_and_i_hwss to sign up! (Link is in the bio)



VIRTUAL MEETINGS

Meetings every Thursdays

3:30 pm.



KODIAK PRIDE

- Social Hang Out
- Social Justice
- Fundraising

- Fun community
- Support
- Awareness

Want a place to socialise, support and just hang out?

A place that is non-judgemental and all inclusive?

ALL are welcome. Grab a snack and join us online.

Virtual Hang Out

Thursdays at 3:30

Email kleeden@sd43.bc.ca with any questions or to be added to the Teams group



HWSOAP TUTORING

Contact hwsaptutor@gmail.com for free
online peer tutoring in all school subjects!



CAREER CENTER



BC Excellence Scholarship is now OPEN

There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.

Getting Started

- You must be nominated by your secondary school in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website. **Deadline for nomination application to Ms. Butler is January 15, 2021 12:30 pm**

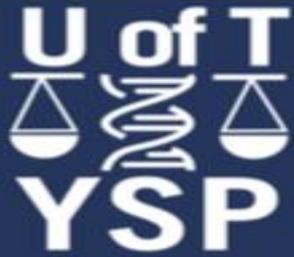
Application for nomination:

- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. **DO NOT** complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- <https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/>

Eligibility

- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements **by August 31 of their graduating year** to be confirmed as a recipient and receive their scholarship voucher:
- [meet basic eligibility requirements](#);
- be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
- fulfill the requirements of the B.C. Graduation Program;
- be graduating in the same year the scholarship is awarded; and
- have the following final marks.
 - Minimum "B" average in grades 11 and 12 courses required for graduation.
 - Minimum "B" (73% or above) in Language Arts 12.
 - Minimum "B" average, no more than one "C+" (67% or above), and no marks lower than "C+" in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.

Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.



UNIVERSITY OF TORONTO
MEDICINE | LAW
YOUTH SUMMER PROGRAM

Virtual Law March Break Week
Law YSP
March 15 - March 19, 2021

Even at this time of physical distancing, we look forward to continuing to connect our participants and their deep curiosity, passion and enthusiasm for law!

Want more information? Take a look at our website.

ysp.law@utoronto.ca

Registration opens:
Wednesday, December 16, 2020 at 10:00 am Eastern Time!



Please find below 3 links for students interested in SFU Faculty of Environment and our programs in Archaeology, Geography, Resource and Environmental Management, and Environmental Science.

The first link is to our “on-demand” Test Drive Your University Experience in the Faculty of Environment. Students can view “on-demand” versions of our successful presentations with professors and students from our programs.

[VIEW “ON-DEMAND” WEBINARS](#)

The next link is to the Faculty of Environment 8 minute recruitment video. Students will dive deeper and learn about award winning research, rewarding career outcomes, and why they should apply to the Faculty of Environment.

[WATCH THE VIDEO](#)

The last link is a PDF of our faculty viewbook. In this publication, you will find unique student stories, co-op job opportunities, and why the Faculty of Environment is “More Than You Think”.

[GET THE VIEWBOOK](#)

Get answers to your questions

- Applying to ECU? Register for a one-on-one portfolio review to receive feedback on your portfolio before you submit your application

Spots are limited—register now!

31 Applications close on January 15, 2021

This is the deadline to apply and submit your [transcripts](#) and [portfolio](#).

If your first language is not English, regardless of immigration or citizenship status, you must also submit an [English Language Proficiency test score](#).

Keep track of everything with our application checklist.

SFU

Have you applied to SFU but have some questions about what to do now?

Check this page for information for applicants:

<https://www.sfu.ca/students/admission/apply/applied/fall.html>

Here is a handy video on self-reporting your grades:

<https://vimeo.com/488612555/a1d5f1a3cc>

If you have questions – please email Ms. Butler to schedule an appointment

dbutler@sd43.bc.ca

Summer STEM Institute

Making research and mentorship accessible to high school students.

The Summer STEM Institute (SSI) is a 6-week virtual summer program from **June 20 to August 1, 2021**. SSI is an international program that provides academically talented and highly motivated students the opportunity to learn through a data science and research bootcamp, a Masterclass lecture series, weekend challenges, and a mentored research project.

- **Bootcamp:** learn how to design and conduct a data science research project.
- Pursuing research in high school is difficult. Many students are scientifically curious and are eager to conduct research but often lack the right training to do so. The SSI Bootcamp empowers motivated high school students with the training to conduct data science research projects.
- The Summer STEM Institute (SSI) program was started last summer by educators, students, and graduates from Stanford, Harvard, and MIT. Last year, SSI received over 2,450 applications from students in 78 different countries.

Many students who attended the program said SSI changed their lives and asked for the team to continue running SSI in future years. Applications for SSI 2021 have just opened.

The program consists of three main parts:

- **Research and data science bootcamp:** Students learn how to design and conduct data science research projects. Students learn about the research process and how to apply statistical and machine learning methods to address scientific questions with real-world impact.
- **Masterclass lecture series:** Students are connected to accomplished young adults around the world. Students have the opportunity to learn about entrepreneurship from Forbes 30 Under 30 recipients, science research from International Science and Engineering Fair (ISEF) grand prize winners, and other topics from speakers with diverse backgrounds and experiences.
- **Mentored research project:** Students complete a research project through a rigorous, hands-on learning experience under the guidance of mentors. Previously, students have worked in a variety of fields, from computational biology to quantum physics.

Students and families can learn more about SSI and apply on our website here: <https://www.summersteminstitute.org/> and here:

<https://www.summersteminstitute.org/admissions>

Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler
dbutler@sd43.bc.ca

BISHOPS UNIVERSITY

Thursday, Jan 14, 2021 05:00 PM PST:

<https://us02web.zoom.us/meeting/register/tZMrduCrpzljGNQebEFJTQLKlSUGCsWDpstl>

→ After registering, students will receive a confirmation email containing information about joining the meeting.

REPEAT NOTICES

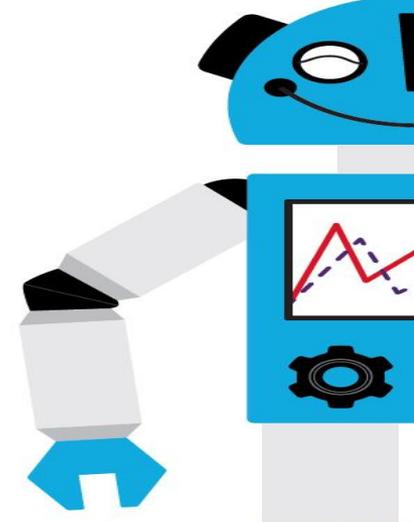


July 5 - 30

Shad2021

Virtual STEAM & Entrepreneurship program

- Grade 10 & 11
- 20 days & 100 hours
- ~1000 participants



Real-world design challenge

Work with like-minded youth to come up with a solution to a real-world problem that impacts humankind! #STEAM4Good

Virtual University partners



Application **deadline** Dec. 7, 11:59 pm ET
Apply and learn more: www.shad.ca/apply

Signing up

Scan this QR code or click the link in our bio

ART SUBMISSION DEADLINE
DECEMBER 18TH



@mime_x_society
mimexsociety@gmail.com



MimeX Social Society: VR Multicultural Art Fair

What is MimeX?

MimeX Social Society is a registered youth-led non-profit organization navigating the potentials in society, striving to bond and appreciate the diverse community through gratifying experiences.

Are you passionate about art? Or do you want to learn more about different art cultures?

Sign up to participate in our first event, a multicultural art fair, where you get to showcase a meaningful piece of artwork in any format and attend a workshop with professional artists & professors. You will also get the chance to share your experience with similar people and take inspiration from others!

Benefits of attending:

- Broaden your horizons through learning more about yourself and others
- Automatically enter a draw with awesome prizes
- Receive a certificate of participation

Date of event is still TBA, for more detailed information, visit our Instagram @mime.x_society or website <https://www.mimex.org/>

Study tips?

*Advice on
making friends?*

*Conflict
resolution
ideas?*



*Highschool
questions?*



Mobile Mentors



Need advice on highschool issues? Just DM our Instagram or email us to speak to an experienced grade 12 mentor confidentially.

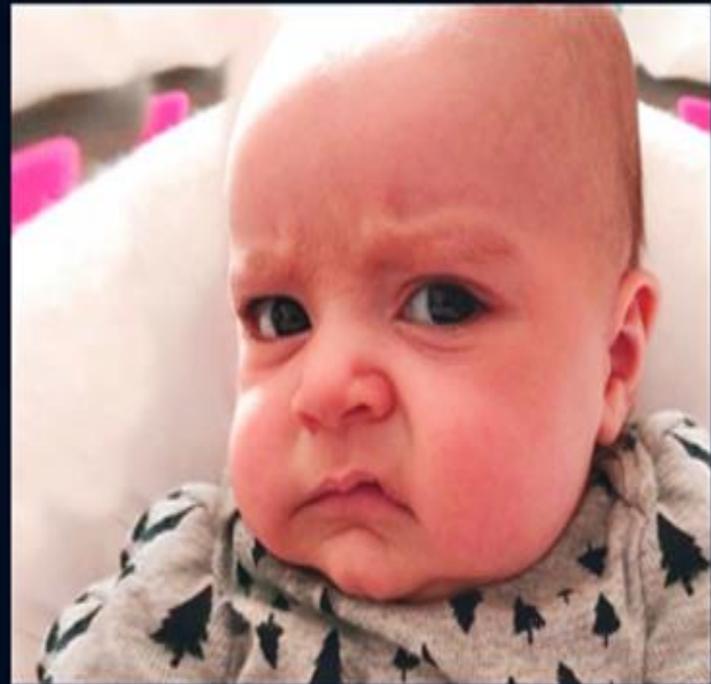
@hwssmobilementors

hwssmobilementors@gmail.com

YEARBOOK SALES

- Online and available for purchase now, \$45. Early January deadline. After that? Mrs. Gilder will only order a few extra, try to get your orders in as soon as possible.
- Don't be late with your orders. This is a firm deadline.
- Please come to the 3rd floor to verify the spelling of your name and what name you wish to use for the yearbook.

GENERAL EXPRESSION AFTER
YEARBOOKS ARE SOLD OUT...



VOLUNTEER OPPORTUNITY



Looking for Snow Angels

- The Snow Angels program is actively recruiting volunteers for the winter season. We are looking for volunteers to assist individuals in our community who are unable to clear snow from the city sidewalks due to physical disabilities or restrictions. This is an on call position for volunteers until March 31; weather dependent.

To Be a Snow Angel you must:

- Be 16 years of age or older;
- Live within close proximity of the participants houses; you can sign up for addresses that are close to you from the volunteer database;
- Clear snow from your matched city sidewalk(s) within 10 hours of the cessation (stop) of any snowfall that caused any accumulation of snow or ice on any city sidewalk
- Complete the snow shoveling before 7:30 pm (not to shovel in the dark)
- Be in adequate physical condition and capable of clearing snow
- Shovel, safety vest, toque and scarf are provided! (if needed)

Commitment: 1-2 homes per individual for the winter season; which is typically from mid-November to the end of March.

- If you would like to volunteer, please signup using this link <http://btrr.im/xd7fg> and sign up for an volunteer account. You will need to complete a Police Information Check and once this is complete you can sign up as per below:
- • Opportunities Tab – click on filter by organization
- • Organization – City of Coquitlam – Special Events/Projects, Park Programs, Snow Angels, Volunteer Training
- • Category - Snow Angels Sign-up (let us know that you are interested)
- Snow Angels Orientation Manual is will be sent upon approval, and please watch the [Proper Snow Shoveling Techniques video](#). Then you can you can sign up for addresses that are close to you from the volunteer database;
- Organization - Snow Angels – Sidewalk Snow Removal
- Sign up for any of the addresses that are listed (more are added daily/weekly)
- Once you confirm assignment, Community Services staff will email you the exact address for you are to shovel in the event of a snow fall.
- Keep track of/log dates and hours volunteered through www.myvolunteerpge.com
- For more details or assistance, call the Volunteer Services at 604-927-6922 or email volunteers@coquitlam.ca.

Sasamat Outdoor Centre Youth Leadership Program January – April for High School Students

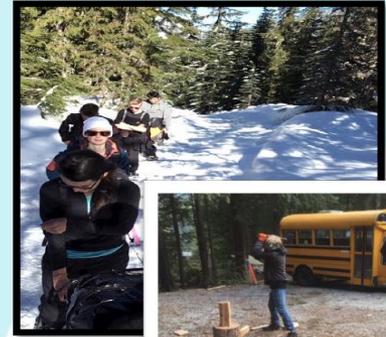
Sasamat Outdoor Centre Youth Leadership Program

January – April for High School Students

With over 30 years of community leadership programming, Sasamat outdoor centre has a fun and engaging curriculum.

- 4 month long program includes:
- Weekly 2 hour (online) lessons
 - Experienced leadership staff and facilitators
 - Hands on learning and weekend events
 - Leadership Certification

- Covid safety and risk management
- Rigorous cleaning routine and risk management practices
 - We follow the most up to date guidelines provided by health officials
 - We have seen success with our safety practices throughout our summer and weekend day camp programs.



Weekend events hosted at Sasamat Outdoor Centre!

- Weekend events hosted on 6 acres of outdoor space
- Overnights include individual rooms and cabins (with options for up to two people upon request)
- Weekend outdoor day trips like snow shoeing, hiking, and canoeing!

Registration is now open!

For details or to register check out www.Sasamat.org or give us a call at 604 939 2268





Science Connecting Youth



Interested in science and medicine but still not sure which specialty to pursue?

We feature undergraduate/graduate students and working professionals on our platform where you can ask questions about their experiences in science and medicine!

Check out [@scyvancouver](#) on Instagram or [our website](#) to learn more about what opportunities are out there for you!

